



Nepean Industry Edge Training

WE ARE THE TRAINING EXPERTS!

Manual Handling

We recognise the importance of correct practices for manual handling and this workshop is designed to give hands on experience using a range of mechanical and assistive aids that workers use in the community health sector.

Muscular skeletal injuries in workplaces are the biggest cost to insurance premiums, lost time for workers and cause of injuries to staff working in the care sector, which is why using aids correctly is so important.

We provide a warm and welcoming environment where all our trainers are caring and dynamic with extensive industry experience. NIET is a highly reputable and established organisation that focuses on delivering quality training to its students. Through a fun, flexible and supportive learning environment, you will develop the confidence you need.

The workshop gives hands on practice in using:

- Lifting aids
- Standing machines
- Slide sheets
- Patient transfers with assistive aids

You will learn:

- Correct body mechanics and safety basics
- Hazardous manual handling
- Controlling risk and troubleshooting for real solutions
- Legal duties including WHS legislation
- Compliance and codes of practice
- Hot spots such as repetitive tasks
- Strategies to eliminate muscular-skeletal disorders
- Pressure and continence care in manual handling



COURSE DETAILS

Available dates:

Please contact us for the date and time of next course intake

Time: 9am to 12pm

Cost: \$285

Location: 146 Young Street,
Frankston

**To register your place,
contact NIET:**

info@niet.com.au

www.niet.com.au

9770 1633

Manual Handling

WE ARE THE TRAINING EXPERTS!

As a quality focused and reputable training organisation, our industry connections allow us to train students in current practices, giving our students job ready skills upon course completion. We provide a warm and welcoming environment, and all our trainers are caring and dynamic with extensive industry experience.

Through a fun, flexible and supportive learning environment, you will develop the confidence, skills, and knowledge you need to work in a rewarding career.

Full qualification courses available:

- SIT20316 Certificate II in Hospitality
- CHC33015 Certificate III in Individual Support
- CHC30121 Certificate III in Early Childhood Education and Care
- CHC43015 Certificate IV in Ageing Support
- CHC43415 Certificate IV in Leisure and Health
- CHC43115 Certificate IV in Disability
- CHC43015/CHC43415 Dual Certificate IV in Ageing Support and Leisure and Health
- CHC43115/CHC43415 Dual Certificate IV in Disability and Leisure and Health
- CHC41015 Certificate IV in Celebrancy



Short courses available:

- SITHFAB021 Provide responsible service of alcohol
- SITXFSA005 Use hygienic practices for food safety
- SITXFSA006 Participate in safe food handling practices
- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID011 Provide first aid
- HLTHPS006 Assist clients with medication
- VU22962 Support people with disability to use medications
- Manual handling
- Employment and career workshops
- Barista Basics
- Business, customer service and leadership workshops
- We cover all aspects of disability and aged care, such as:
Wound care, PEG feeding, Dementia care, Infection control,
Bowel care, Asthma & Diabetes management, Catheter care, etc



CONTACT DETAILS

Location: 146 Young St, Frankston

For more information, contact NIET on:

9770 1633

info@niet.com.au

www.niet.com.au

"I had a great experience at NIET. I found all staff from the CEO to administration to our trainer Judy fantastic. I would highly recommend NIET".

*Lucy
Certificate IV in Celebrancy graduate*